



COSTA RICA

PURA VIDA

1ST-15TH JUNE 2024



ITINERARY DAY 1

WELCOME TO SAN JOSE

Transfer In Juan Santamaría Airport to San Jose upon arrival.

Check-in at your hotel and get a much needed sleep after a long journey.

Accommodation: Buena Vista Chic 4* Hotel or similar

ITINERARY

DAY 2

PUERTO VIEJO DE LIMON

Private transportation to Puerto Viejo de Limón.

En route, after approx. one hour drive from San Jose, you can opt to visit Rainforest Adventures Park which is a Theme trail with butterfly garden, herpetarium (snakes & frogs exhibition) hummingbird garden, orchids garden, and bocaracá trail (optional).

Check-in at your hotel where you will also be having dinner.

Accommodation: Cariblue Beach & Jungle Resort 3* or similar

An underwater photograph showing two people snorkeling in clear blue water. They are wearing masks and snorkels. The person on the right is holding a small yellow fish in their hand. Several other colorful fish, including clownfish, are visible in the water around them. The background shows a coral reef.

ITINERARY DAY 3

CAHUITA NATIONAL PARK

Hop on a boat to go around the Cahuita National Park where you can practice snorkeling for approx. 2hrs in the most important coral reef in Costa Rica. You will be able to watch: 35 different species of corals , 123 species of tropical fish, 3 species of sharks, 6 species of moray eels, 3 species of urchins, 140 mollusks, 44 crustaceans, 128 algae, sea turtles, sea cucumbers, sea sponges, lobsters, shrimp, etc. Snorkeling equipment will be provided. After this you will have some snacks and then continue on the walking tour, in a forest environment, where you will find species such as raccoons, coatis, sloths, iguanas and basilisks, snake & birds.

Accommodation: Cariblue Beach & Jungle Resort 3*
or similar

ITINERARY DAY 4

TORTUGUERO

Early morning land transfer from Puerto Viejo to la Pavona pier for boat ride to Tortuguero.

Afternoon guided visit to Tortuguero town. By visiting the colorful Tortuguero town, it is possible to appreciate the lifestyle of its people, and learn a little of their customs and daily life.

During the tour, you will visit the town school, the National Park facilities, churches, stores, the recycling plant which is one of the most efficient plants in the country and the community center that houses the Symphonic Band project.

The tour starts at the Lodge, where you take the boat to the village of Tortuguero. You will walk along the town accompanied by a guide with a wide knowledge of the region. Lunch & dinner included at the lodge

Accommodation: Laguna Lodge 3* or similar

ITINERARY

DAY 5

TORTUGUERO NATIONAL PARK

After breakfast guided walk tour in the gardens of the hotel. Learn about endemic flora & fauna during this tour.

This afternoon enjoy a boat tour with your guide on the canals inside the Tortuguero National Park, the most important activity of your trip to Tortuguero.

You'll enjoy the lush biodiversity of flora and fauna in this ecosystem which is the most complex and dynamic of Tropical America. You will appreciate the amazing variety of animal species the National Park shelter.

Lunch & dinner included at the lodge

Accommodation: Laguna Lodge 3* or similar

ITINERARY

DAY 6

LA TIRIMBINA RESERVE

After breakfast, you will go by boat back to the pier where your driver waits for you. Transfer by coach to Sarapiquí. Stop en route for lunch and then continue to your lodge. Around 17h00 get ready for a night walking tour at La Tirimbina Reserve. Come and discover the rainforest in this unique opportunity at night! During this tour you will be guided across Tirimbina's suspension bridge and explore the rainforest when it is dark and when most of the rainforest animals are active, You might have the opportunity to spot animals like sloths, the red-eyed tree frog, porcupine, kinkayou and more.

Be prepared for an exciting adventure into Costa Rica's tropical rainforest after nightfall!

Accommodation: Sarapiquis Rainforest Lodge 3* or similar

ITINERARY

DAY 7

SARAPIQUÍ RIVER

This day you will experience a great adventure on the Sarapiquí River. This tour begins in the community known as La Virgen de Sarapiquí, one of the most important communities of the area. This tour takes us through a beautiful part of the river filled with exciting white water rapids and beautiful ponds, all surrounded by a wonderful natural scenery. This is a great place for rafting.

This afternoon you will go by coach to La Fortuna town where the magnificent Arenal volcano is located. Upon arrival check in at hotel and evening at leisure

Accommodation: Arenal Paraiso 3* or similar

ITINERARY

DAY 8

ARENAL LAVA TRAILS

This morning, after breakfast at hotel, visit the 1968 Trails. While hiking through the Lava Flow trail from 1968's eruption, enjoy a remarkable hike filled with scenic beauty with 360° viewpoints of the Arenal Volcano accompanied by the breathtaking Arenal Lake. Two different hiking trails walking on hills formed by lava during the Arenal Volcano 1968 eruption. Find here Los Patos Lagoon, medium difficulty trails through a very original landscape and great panoramic views of the Arenal Volcano. After the tour visit the Fortuna town and walk around in company of the local guide.

Accommodation: Arenal Paraiso 3* or similar



ITINERARY DAY 9

ARENAL LAKE KAYAKING TOUR

This human-made lake is a dam constructed in 1979, almost a decade after the Arenal Volcano awakening explosion in 1968. It has become one of the biggest attractions in the area and beautiful addition to the landscape. Start kayaking for 2 ½ hrs through different areas of the lake that can vary depending on weather and wind conditions. While you enjoy the ride, you might see a variety of birds flying and fishing around.

Mystic Hanging Bridges -Discovering the wonderful secrets hidden in this forest means finding a wildlife sanctuary; the high density of biodiversity makes our trails a unique place for observing species spotted along the way.

Accommodation: Arenal Paraiso 3* or similar

ITINERARY

DAY 10

MONTEVERDE

Breakfast at hotel. Board your coach for land transfer to Monteverde. Drive is 3 hours approx. Afternoon is at your leisure to explore town or relax at your hotel. Optional stop en route at Café Macadamia for a pastry and coffee!

Accommodation: Monteverde Country Lodge 3* or similar

ITINERARY

DAY 11

MONTEVERDE BIOLOGICAL RESERVE

After breakfast, transfer to the Monteverde Biological reserve & hike on natural trails. Discover the secrets of this amazing forest & give yourself a chance to reconnect with nature by learning about its biodiversity and ecosystems. Different trails and levels from even surface to trails with more difficulty and steps, the hike will depend on the capacity of the group. Duration: 1.5 to 2.5 hrs. Optional activity: Sky Tram & Zipline. Enjoy a unique experience by using the Sky Tram to one of the highest & most imp mountains in the area, A route of 800mtrs from one point to another. From the 1st observation station, you will begin the Sky Trek, a unique experience through a series of 7 zip lines that range from 50-160mtrs high, covering a total of 4km along the highest mountains of Monteverde.

Accommodation: Monteverde Country Lodge 3* or

ITINERARY

DAY 12

TARCOLES RIVER

After breakfast go by coach to central pacific area and the Manuel Antonio beach.

Optional activity: Jungle Adventure in the Tárcoles river. Located on the Central Pacific Coast of Costa Rica, the Estuary of Guacalillo and the Tarcoles River offer the opportunity to observe one of the largest populations of crocodiles in America, also discover the mangrove area and the Scarlet Macaw in the country.

Today Get your Mud On!!!

3.5 - 4 Hour of driving on ATV's to a Private Natural Reserve, where you will take a light hike into the rainforest up to a refreshing natural river pool where you will be welcome to swim in, as you enjoy Fresh & Local Fruits. After this, we undo our way, in order to head back for a 100% Costa Rican Traditional Meal.

Accommodation: Tabulia Tree 3* or similar

ITINERARY

DAY 13

MANUEL ANTONIO NATIONAL PARK

This day you will visit the Manuel Antonio National Park, often called a natural jewel for its picturesque beauty and abundant wildlife diversity. There are several trails for walking with many viewpoints, and there is a high probability of seeing animals in their natural habitat. At various points, the trails branch off and lead to four separate beaches: Espadilla Sur, Manuel Antonio, Escondida, and Playita, where you can swim in crystal clear, warm water. There are different trails in the park from flat to long and steep.

Accommodation: Tabulia Tree 3* or similar

ITINERARY

DAY 14

SUNSET CATAMARAN

Optional activity: Sunset Catamaran with 1 meal included aboard

The ocean Catamaran tour consists of a 3:30 hour fun adventure along the entire coast of Manuel Antonio. We go in search of dolphins and whales (in season). Throughout the tour we offer a personalized service with an all-inclusive party aboard the largest, safest and most fun catamaran. Snorkeling equipment is included.

Wildlife sightseeing depends on the conditions of the weather and the ocean, as well as Mother Nature.

Snacks, juices, sodas, fruits and a meal are included.

Accommodation: Tabulia Tree 3* or similar

ITINERARY

DAY 15



JOURNEY BACK HOME

Get ready for transfer by coach to San José
Driving time is 03h00 approx.

Good bye Costa Rica!



PACKAGE INCLUDES

Accommodation & meals:

- > All accommodations on twin room basis with breakfast
- > 5 lunches and 3 dinners

Transportation:

- > Airport transfers
- > Private transport between locations

Other:

- > Team-building pre-trip
- > Detailed packing checklist
- > Experienced Maltese Trip Manager
- > English-speaking local Guide

Activities:

- > Walking tour to Tortuguero town
- > Guided tour on the gardens in Tortuguero lodge
- > Boat tour on the Tortuguero canals
- > Tortuguero National Park entrance fee
- > Hike & snorkelling tour at Cahuita National Park
- > Class II-III river rafting tour in Sarapiquí
- > Night hike at the Tirimbina reserve in Sarapiquí
- > Guided walk tour on the 1968 Arenal Volcano trails
- > Kayak tour on the Arenal Lake
- > Mystic Hanging Bridges guided tour
- > Guided hike on the Manuel Antonio National Park
- > Entrance fee to Manuel Antonio National Park
- > ATV tour in Manuel Antonio



PACKAGE EXCLUDES

- > International flights
- > Insurance
- > Visa
- > Lunches & Dinners not mentioned
- > Personal expenses
- > Tips for guides
- > Any sudden changes in government taxes and fees
- > Tortuguero museum entrance fee
- > Optional activities mentioned in the itinerary:
 - Rainforest Adventures Park
 - La Fortuna waterfall in Arenal
 - Slot watching Trail in Arenal
 - Jungle River & Crocodile Adventure
 - Sky Tram & Zipline at the Sky Adventures



#MAKEITHAPPEN

For more info about prices and discounts reply now to this email!



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