



VIETNAM & THAILAND

BANH MI, PAD THAI & STREET FOOD

31ST MARCH - 12TH APRIL 2023



Food and Adventure Safari

YOUR TRIP EXPERT

MARK CAMILLERI

Food and travel have been a passion of mine for as long as I can remember.

I have been in the world of tourism, hospitality and catering all my life. I worked and studied both locally and internationally and one of the greatest things about a career in tourism and hospitality is the ability to travel and work anywhere. I furthered my studies in Gastronomy which had a big impact on the ways I look at food history, culinary heritage and food culture.

Through Food Safaris we want to offer you the opportunity to learn about different cultures through food. Food culture is about connecting to people. These are great trips for foodies and fantastic for people within the tourism and hospitality industry. With an element of adventure, we will be visiting different parts of the world using food as a medium. Food breaks boundaries and it builds everlasting friendships.





ITINERARY DAY 1

WELCOME TO VIETNAM

Welcome to - Vietnam - Ho Chi Minh after your flights with Turkish Airlines departing Malta on the 31st at 19.35 and arrival on the 1st at 16.10.

Transfer to hotel for check-in.

In the evening you are free to visit Ben Thanh Street Food Market which is a short walk from your hotel. This is an amazing food market where you will get your first experience of local cuisine.

Accommodation: Avanti Boutique 3* or similar

ITINERARY

DAY 2

FROM FARM TO FORK & A JEEP CITY TOUR

After breakfast at hotel we drive to meet the guide at the farm where we will visit the local market, buy some ingredients. We will explore the organic farm by visiting agricultural villages, we will also visit cow/buffalo herds, as rice fields, livestock areas and big herbs, spices and vegetable plantations. Become a real Vietnamese farmer before we get to move on to the hands-on cooking class.

In the evening, enjoy a Foodie Jeep City tour, where you will discover Saigon by night, visit unusual authentic places while enjoying Vietnamese cuisine. Explore the local night market. Explore the seafood street where the locals go and many more.

Accommodation: Avanti Boutique 3* or similar

ITINERARY DAY 3

THE FLOATING MARKET

Today we leave for Cai Be, where we will take a motor boat to visit the Cai Be floating market and watch the locals trading food on board their vessels. We will also visit a small family business to see how coconut candy and crispy rice popcorn are made, visit a rice paper house and a honey farm. Keep cruising down Tien river, arriving Tan Phong islet. Enjoy fruit and traditional southern Vietnamese folk music. Taking a rowing boat into the small canal for about 30 minutes, learn about the life of locals living on the islet. Upstream of the Tien river, cruising through An Binh islet, visit an ancient house where we will enjoy a lunch of fresh river food served.

Transfer to Airport for flight to Hoi An.
Departure

Accommodation: Viet Long beach hotel or similar

ITINERARY

DAY 4



FISHING & RICE PADDY FIELDS TOUR

Discover the old-world charm of Hoi An with an early morning sunrise boat cruise on the stunning Thu Bon River as it begins to come alive. Enjoy a light breakfast and explore the fishing village of Duy Hai and the countryside market.

Ride to visit a local fish sauce producer and see exactly how this ubiquitous condiment is made.

Boating to Cam Than coconut village, taking a bamboo boat ride. Riding to the rice paddy field, you'll head out on a bike to a farm in Tra Que village where you will learn about aspects of gardening.

Activity - Early Evening - Free to walk about Old Town & Night Market

Accommodation: Viet Long beach hotel or similar

ITINERARY

DAY 5

FREE DAY & STREET FOOD COOKING CLASS

Today we will start by enjoying a free morning.

You can opt to chill and see Hoi An, perhaps visit the Golden bridge (optional tour), go to the beach or sew a tailor-made dress locally.

After a free afternoon, after which the Vietnamese Street Food Cooking Class. You will make 4 different recipes at our street food counters, and not only eat them but you will receive a copy of the recipes and a Vietnamese cooking gift to take home.

Accommodation: Viet Long beach hotel or similar

ITINERARY DAY 6

SAWADEE THAILAND

Today your trip in Vietnam comes to an end as we catch a flight to Chiang Mai. On arrival and settling down in the hotel, go where the locals go, eat what the locals eat at Warorot Market, Chiang Mai's oldest, largest and most diverse open market. Here we'll stop at our favourite stands with Sai Oua (Northern Thai sausage), Golden Curl, mango sticky rice, and iced tea. Stroll through the nearby Flower Market and then ride to our favourite, authentic Northern Thai restaurant where you'll feast upon mouth-watering staple dishes.

Ride to Wat Chedi Luang, inside the Old City, and to Chang Puak Gate night market where you'll enjoy a couple street food must-eats.

Acc: Kampaeng Ngam Hotel - SHA Extra Plus 3* or similar

ITINERARY

DAY 7

MEET THE HILL TRIBE

We will leave Chiang Mai to drive to the Mae Wang waterfall at the Doi Inthanon National Park. Here we will take the mid-day break and have lunch for about 1 hour. You can swim there if you like.

After the break, we will start trekking. For about 3 hours the guide will lead you through a wonderful evergreen jungle landscape.

The trek will lead us to a Meo hilltribe village with a nearby waterfall, where we will stay overnight where you can help with the cooking with this tribe.

Accommodation: Night with the tribe

ITINERARY DAY 8

FOOD & ADVENTURE

After breakfast in Jungle we will visit Mae Mud village, a village of the Shan tribe (Tai Yai). There we will have lunch. After lunch, we will go bamboo rafting on the Mae Wang Stream for about 1 hour. The rafts are made of bamboo stems fit together with ropes. Then, come and experience a fantastic day, helping us take care of these amazing creatures. Spend the day feeding, bathing and learning interesting facts about Asian elephants in their natural environment. After the elephant feeding and bathing, we will drive back to Chiang Ma..

Acc: Kampaeng Ngam Hotel - SHA Extra Plus 3* or similar

ITINERARY DAY 9



FREE DAY IN CHIANG MAI

Its a free day in Chiang Mai, this means that today after breakfast you can explore the city, or set off on an optional adventure, like white water rafting, quad biking or zip lining.

In the evening we will head to the train station for an over night adventure in the train to Bangkok.

Accommodation: Night train

ITINERARY

DAY 10

WINE AND DINE

Wake up after the comfortable night train and transfer to the Ban Tha Chang hot springs where we can relax.

After this we will settle in our cottage in a winery, surrounded by vineyards and simple beauty.

Tonight we will enjoy a tour of the Winery tour we will indulge in Wine Tasting accompanied by an authentic dinner.

Accommodation: GranMonte Wine Cottage 4* or similar

ITINERARY DAY 11

BANGKOK

Early Departure to Bangkok.

Arrive at the hotel in Bangkok and in the afternoon we will have a cooking class.

An amazing hands-on cooking experience using locally sourced ingredients. An opportunity to immerse oneself in local Thai culture.

In the evening you can enjoy free at leisure as you explore the hustle and bustle of this vibrant city,

Accommodation: Hotel de Bangkok 3* or similar



ITINERARY

DAY 12

TK flights departing on
the 12th April at 7.45am

MARKETS, TEMPLES & FOOD

Spend a day discovering some of the best markets and temples that Bangkok has to offer. Enjoy a combination of local culture, sightseeing, and food tastings. First, visit the Maeklong Railway Market as you watch the vendors scramble to pack up their stalls when a train goes by along the track that runs through the market. Then the Damnoen Saduak Floating Market, the most famous floating markets with vendors paddling their boats filled with their local produce and souvenir items. Set off to visit Wat Phra Kaew, also known as the Temple of the Emerald Buddha, which is one of the country's most sacred temples. Take in the spiritual environment before making your way to the Grand Palace.

Refresh before making your way to the airport, as our food safari sadly comes to an end,



PACKAGE INCLUDES

Accommodation & Meals:

- 9 nights accommodation in hotels based on twin rooms
- 1 night train
- 1 night ith tribe
- 9 Breakfasts, 5 dinners, 6 lunches

Transport:

- Return flight tickets with Emirates
- Internal flight Ho Chi Minh to HoiAn
- International flight from Hoi An to Chiang Mai.
- All Transport throughout your stay including buses and boats

Food Experiences in Vietnam:

- Ben Thanh Street Food Market
- Cooking Class - Market to Farm to Table to Cooking Class
- Jeep Tour - Foodie & City Tour
- Mekong Delta Floating Market
- Fishing & rice Paddy Fields Tour inc. bike ride and coconut boat ride
- Vietnamese Street Food Cooking Class

Food Experiences in Thailand:

- The Evening Thai Foodie Tour
- Winery and wine tasting
- Thai Cooking Class
- Grand Palace, Damnoen Floating Market & Maeklong Market Tour

Others:

- Jungle experience, rafting and elephant sanctuary
- Maltese Trip Manager
- Insolvency Fundties



PACKAGE EXCLUDES

- Travel Insurance
- Meals not mentioned in the itinerary
- Beverages & Snacks
- Immunization
- Tips to service providers
- Visas
- Optional activities

OUR FRIENDS' EXPERIENCE



What an amazing way to live your dreams, meet new people and make great memories! I'd highly recommend Kraze Travel to anyone who isn't much of a travel bug but wants to start crossing off things of their bucket-list! Very helpful staff and easy-going plans! They'll be expecting me again - that's for sure! - **Claudio**



#MAKEITHAPPEN

Get in touch now to Get more info about the prices & discounts!



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